

Bladder Cancer

NAME/Y.I.	AGE/39	SEX/Female	AREA/unknown
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History of Past Diseases and Treatments

The patient developed rheumatoid arthritis while she was studying to be a dentist at dental school. She opened her own dental clinic at the age of 29 and had a busy practice. She had severe hematuria in February 1999 and was admitted to the Urology Department at a nearby hospital for examination. Histopathological tests revealed bladder cancer. It was recommended that she has an operation, but she refused due to QOL issues. She chose to undergo treatment mainly consisting of alternative medicine, trying various options. On June 5, she visited this hospital for treatment. She was immediately put on a restricted diet based on semi-fasting. She was also recommended to take a daily dose of 4-5 g of Rice Bran Arabinoxylan Compound (RBAC) to enhance immunity and plant enzymes to improve her blood profile. Pain upon urination began to subside two weeks after the start of treatment. In early July, one month after initiating treatment, hematuria was lighter, suggesting a rapid reduction in the size of the tumor. The value of the tumor marker NMP-22 (normally 12 or less) decreased from 58 on May 25, to 10 on July 28.

Evaluation

The bladder cancer decreased in size over a short period due to treatment with a restricted diet and immunopotentiality. It ultimately disappeared, as determined by tumor marker test results. The patient's young age and great self-healing ability may have contributed to this improvement. However, since adherence to a conventional lifestyle is likely to cause a recurrence and new tumor growth, the patient needs careful follow-up, including health guidance.