

# Diabetes

NAME/Y.E.	AGE/58	SEX/Male	AREA/Japan
<b>History of Past Diseases and Treatments</b>			
<p>In the middle of November, 1996, the patient went to a nearby hospital and presented with abnormal fatigue. His blood sugar level was 300 mg/dl and his glycohemoglobin (HbA1c) level was 9.8, so he was diagnosed with diabetes. He also had complications from the disease; he was aware that he had been eating too many sweets since the summer, but he attributed it to his fatigue. For the next month, he was put on a restricted diet and therapeutic exercise that consisted of one hour of fast walking, but these therapies were not successful. Because he was told that he had no choice but to undergo treatment with insulin, he went to K Hospital for additional treatments. K Hospital recommended taking Rice Bran Arabinoxylan Compound (RBAC) at 3 g daily in addition to conventional treatment with a restricted diet and exercise. One month after starting treatment with RBAC, the blood sugar level decreased to 98 mg/dl and the glycohemoglobin level to 7.2. He is now taking 1g RBAC daily.</p>			
<b>Changes caused by ingestion of RBAC</b>			
<p>He began to feel relief from his fatigue seven days after starting RBAC therapy. He no longer craved sweets and the numbness in his limbs decreased day-by-day.</p>			