

## Diabetes

NAME/K.N.	AGE/66	SEX/Male	AREA/Japan
<b>History of Past Diseases and Treatments</b>			
<p>In June 1993, the patient realized that he had been getting up several times during the night to urinate and felt like drinking water frequently because of a constant thirst. He went to the hospital for an examination and was diagnosed with diabetes. His blood sugar level was 320 mg/dl. In September of that year, he was hospitalized and began to receive treatment. His blood sugar level did not decrease until March 1994, when he was discharged. The recovery was delayed because he developed hepatopathy, a possible complication from diabetes. He continued treatment with insulin injections at hospital visits but the fatigue did not disappear. He also had occasional attacks of asthma and was feeling worse. At this point, he began taking Rice Bran Arabinoxylan Compound (RBAC) at a dose of 3 g daily. In May, two months after starting to take RBAC, the blood sugar levels decreased to 110 mg/dl and insulin was no longer necessary. Symptoms of asthma also began to improve and he had no asthma attacks from the autumn of 1994 to the spring of 1995. He is now feeling better and working every day. He still takes RBAC 1 g daily to maintain his health.</p>			
<b>Changes caused by ingestion of RBAC</b>			
<p>Seven days after starting RBAC, his malaise subsided and the patient had a comfortable awakening. Symptoms of asthma also ameliorated and the sense of tightness in his throat disappeared.</p>			